Dear Parent/Guardian,

Rubbish Free Lunch Day - SEPTEMBER 9th, 2014

This term we are having a Rubbish Free Lunch day. This will be an opportunity for the children to reflect upon the impact of food packaging on the environment. They will be encouraged to find possible solutions to the amount of rubbish we generate and how best we can protect our planet.

Rubbish free lunches contain food items with no disposable packaging or single use items, such as pre-packaged foods, plastic bags, juice poppers, bottled water, disposable utensils, plastic straws or food wrapped in cling wrap, foil or zip-lock bags. Instead, all food is provided in reusable containers, so that there is no packaging and the majority of the waste is organic (i.e. food scraps). Some ideas for Rubbish Free Lunches are:

- Sandwiches/salad/meal in reusable containers
- Drinks in re-useable drink bottles
- Fruit left whole or cut and put into reusable container
- Chips/biscuits/yoghurt are tipped from a large packet and put into smaller reusable container

Please keep in mind that opening a small packet of chips/biscuits/yoghurt and pouring it into a container at home is not really in the spirit of a Rubbish Free Lunch.

The class who has the least amount of rubbish (by weight) will win a fantastic prize from the Green Dynamics Committee!

Regards,
The Green Dynamics Committee