Term 4- Week 4B

22nd February 2024

Mrs Karen Wilson

Principal

16-38 Guinane Avenue,

Hoppers Crossing, 3029

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of fice @ stpeter ahc. catholic. edu. au



LEARN



RELAT



Dear Families

A big thank you to the P&F who organised our pancake night last week. We had a big turn out on the night, especially considering the weather, and it was also an opportunity for families to see inside our new school building. The children were obviously excited to share their new learning spaces and were proudly providing tours for families and friends.

On Sunday, the new Senior Learning Building will be open to the parish. After the 10.30am mass, we will be inviting parishioners to come and view the building, both inside and out. This is a great time for us to come together with our parish and celebrate our achievements as a community. I would like to thank the parish for all of their support during the construction of the building, particularly with the carpark. We would love to see some of our school community there as well on the day, so please come and say hello if you are at mass.

On Tuesday the 27th February we will be having our Parent Information Night for students making their Reconciliation this year. This is an important step in your child's preparation for this sacrament so I would ask that parents attend this night if possible. The night will start at 7.00pm.

This week you should have received information regarding our school walkathon which will be happening on Friday the 8th March. Last year the school community managed to raise an impressive amount of money which is being used to assist with the construction of our new playground. This year we will put all money raised towards the building of a new junior basketball court that will also be placed on the site of the demolished building. Remember there are prizes on offer for the most money raised in each class as well as a raffle ticket for all students so that they have an opportunity to win a prize as well. Parents and toddlers are welcome to come along and cheer on the children.

Regards

Karer Wilson

Principal

Page 2 Term 4- Week 4B

Dates to Remember - 2024

22rd February	Friday	Term 1 Fees due			
23rd February	Friday	Interschool Sports - Round 1			
26th February	Monday	District Swimming			
27th February	Tuesday	Reconciliation Parent Information Night @7pm			
28th February	Wednesday	Grade 5 - Thomas Carr visit			
29th February	Thursday	Community Hub @ 9am			
1st March	Friday	Interschool Sports - Round 2 Grade 1 - Assembly			
7th March	Thursday	Community Hub @ 9am			
8th March	Friday	Walkathon Interschool Sports - Round 3			
11th March	Monday	Labour Day Public holiday - No School			
13th March	Wednesday	Grade 3 & 5 - Naplan Commences			
15th March	Friday	School Closure Day			
25th March	Monday	Prep 2025 Information Night & School Tour @7pm			
26th March	Tuesday	Grade 3- Reconciliation Night			
27th March	Wednesday	Last day of Term 1 - (school finishes at 3.15)			
28th March	Thursday	No School for students Parent/teacher /Student interviews			
29th March	Friday	Good Friday			
31st March	Sunday	Easter Sunday			
15th April	Monday	Term 2 Commences			
25th April	Thursday	Anzac Day - No School			
27th May	Monday	School Closure Day			
10th June	Monday	Kings Birthday - No School			
26th August	Monday	School Closure Day			
28th June	Friday	Last day of Term 2 CSEF Applications Close			
15th July	Monday	Term 3 Commences			
18th September	Wednesday	Last day of Term 3- students finish at 1.00pm			
27th September	Friday	AFL Grand Final Public Holiday - No School			
7th October	Monday	Term 4 Commences			
4th November	Monday	School Closure day			
5th November	Tuesday	Melbourne Cup Day - No School			
18th November	Monday	School Closure Day			

ST PETER APOSTLE PRIMARY SCHOOL



WE FOLLOW HIS WAY

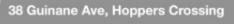
Prep 2025 Information Night

Monday 25 March, 2024 7.00pm

Enrolments now open



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Make Your Own Lunch

Program

Available to all children attending **Before School Care**



Program by Our Patch empowers children to make their own lunch choices during Before School Care sessions, offering them the chance to select a sandwich, roll, or wrap along with a piece of fruit and a healthy snack.

The Make Your Own Lunch

The program also provides families with the convenience of not needing to prepare lunches on the days their children attend Before School Care.

part of Before School Care program at **no extra cost**

















info@ourpatch.education 1300 018 310 www.ourpatch.education

Everyone's Welcome



Learn How to Send & Reply to an Email with Mrs Work In the Community Hub Wed 6th March - 2.30-3.00 March 22nd - 2.30-3.00

Devices will be available

GMAIL SEND EMAIL





Following swimming, there are a number of towels, jocks, a red stud earring (at the Pool Lost Property) and other items in Lost Property. Please have a look in Lost Property or email Pattie McCusker on pamccusker@stpeterahc.catholic.edu.au

NEW LABELLING SCHEME

Dear Parents

Lost Property is very difficult to manage at St Peters. Many items are placed in Lost Property but very few are ever claimed. Staff return named items where they can, but probably 95% of jumpers, jackets, beanies, hats and drink bottles are not named and so cannot be returned. Sometimes items purchased secondhand have previous names on them and we cannot return these either.

Please name your child's jumper, jacket, beanie, hats, lunch box and drink bottle.

Where uniform items are not named - staff will write the child's unique four digit number on the collar or a hidden area of the item with a laundry marker. This four digit number is the start of their email address. This means that when an item is found, staff can pop the four digit number into Compass to find whose item it is.

If you do not want this to be written - please label your child's items. Staff will ask students to have their lunchbox and drink bottle named when they notice they are not.

We hope this new system will see fewer items in Lost Property and save parents a lot of money as they will not be needing to replace lost items.

Pattie McCusker



Supporting re-telling skills - The benefits of talking about your day

Talking with children is important because it builds their language and communication skills. By creating opportunities for your child to retell stories you can boost your child's understanding of how stories work. This is a great way to build their listening comprehension (listening and understanding), early literacy, vocabulary and help them to put sentences together correctly and use correct grammar. Research shows that supporting the re-telling of personal experiences is an important tool in language development (Saunders & Goldenberg, 1999).

When you go on an outing with your child take a few photos of what's happening around you. For example, during a trip to the farm, take photos as your child feeds the animals, goes on a ride, or eats lunch. Later, look at the photos together and use them to help guide your child to retell what happened at the farm. By placing the pictures in an order, like a story, you can teach your child about the sequence of events and words they can use to help them retell stories, such as the words 'first', 'next', and 'last'. This activity can also help your child to use joining words in their sentences like 'and' and 'because' and use specific vocabulary related to the event. You could create your own personalised book in this similar manner, which is another idea to support your child's language development at home in a fun and personal way.

Each day when you get home, ask your child, "How was your day?". Help them get started by giving them some ideas and sentence starters such as: "Today at school I learned...", "At recess I ...", "For lunch I ate...", "My favourite thing about today was...."

Do the same task by re-tellig your own day so your child hears a model. This routine not only helps your child get better at talking, listening, and understanding, but also creates a nice way for both of you to share your day.

References

Dockrell J.E, Morag Stuart M., King D. Supporting Early Oral Language Skills for English Language Learners in Inner city Preschool provision Downloaded 4/4/18. http://discovery.ucl.ac.uk/1486814/1/Dockrell2010Supporting.pdf

Huttenlocher, J., Vasilyeva, M., Cymerman, E., & Levine, S. C. (2002). Language input at home and at school: Relation to syntax. *Cognitive Psychology*, *45*, 337-374.

Saunders, W. M., & Goldenberg, C. (1999). Effects of instructional conversations and literature logs on limited- and fluent-English-proficient students" story 34 comprehension and thematic understanding. *Elementary School Journal*, 99(4), 277-301.

SACRAMENTAL DATES FOR 2024

RECONCILIATION

Parent/ Student night - Tuesday 27th February - 7.00pm Reflection day - students only - Tuesday 26th March First Reconciliation - Tuesday 26th March - 7.00pm

FIRST EUCHARIST

Parent/ Student night - Thursday 2nd May - 7.00pm Reflection Day - students only - Friday 17th May Eucharist Masses -

> Saturday - 18th May - 6.00pm Sunday - 19th May - 10.15am Saturday - 15th June - 6.00pm Sunday - 16th June - 10.15am

CONFIRMATION

Parent/ Student night - Tuesday 10th September - 7.00pm Reflection Day - students only - Thursday 17th October Confirmation - Thursday 17th October - 7.00pm



Term 1 2024 2nd Hand Uniform Dates

Located in the meeting room between school office and church.

Open Times - 8:15am to 9:30am

March 1st & 15th

St Peter's Kids Eat Well

Fruit Break

All students are encouraged to bring easy to eat or pre-cut fruit or vegetables from home.

Students across the school will have an opportunity to eat their fruit or vegetables in class, at their desk for the Fruit Break each day.

Fruit break does not replace any additional eating of packed fruit and vegetables in your child's lunchbox.



Students are also encouraged to bring a water bottle each day – these can be refilled at the bubble taps as needed. Staying hydrated helps the brain to function and in turn assists students with their learning.

Encouraged	Not encouraged			
Fruit All fresh fruit Fruit canned in natural juice/ no added sugar Dried fruit* Vegetables All fresh vegetables All canned vegetables e.g. corn or baby corn (in a small container) Dried fruit is high in natural sugar and tends to stick to teeth, encourage fresh fruit whenever possible	Proints Fruit or vegetable juice Fruit flavoured cordial or mineral water Foods Fruit leathers, Roll-Ups® or fruit sticks Fruit lollies e.g. jubes Fruit jams or jellies Fruit or vegetable breads, pies or cakes Fruit canned in syrup Potato crisps, vegetable chips or hot chips Popcorn			

FOR A HEALTHY LUNCHBOX PICK & MIX SOMETHING FROM EACH GROUP 1:6!



Developed in conjunction with the Achievement Program to support a whole-school approach to healthy eating.





FOR A HEALTHY LUNCHBOX





FRUIT



FRESH FRUIT

- Passianfruit halves (with spoon)
- Warermeson, noneyae rockmelon chunks
 Pineappile chunks
 Grapes
 Plums
 Nectarines, peaches, Aprical
 Streubenies

- Strawberries
- Kiwifruit halves (with spoon)
 Pear

MIXED ERUIT

Dried fruit, nut, popcom mixes*

TINNED FRUIT/SNACK PACKS/CUPS

In natural juice (not syrup)



VEGETABLES (2)



FRESH CRUNCHY VEGIES

- Cucumber sticksCelery sticks

- Snow peas
 Tomatoes (e.g. cherry and Roma tomatoes)
 Mushroom pieces

Can serve with either.

- Hommus
 Tomato salsa
 Tatziki

SALADS

- Colesiaw and patato salad
- (reduced fat dressing)

 Mexican bean, tomato, lettuce and cheese salad

 Pesto pasta salad*

BAKED ITEMS

- Grilled arroasted vegetables
 Whalemeal vegetable
 muffins ar scones
 Vegetable side (with grated)
- zucchini and carrot)
 Popcom

- Pumpkin soup
 Potato and leak soup
- · Chicken and corn soup

MILK, YOGHURT 3

- Calcium-enriched soy and other plant-based milks
 Yoghurt (frozen avernight)
 Custard

- Tip:

 Freeze the night before to keep cool during the day
 - - Cheese cubes, sticks or
 - slices
 Cottage or ricotta cheese
 - Cream cheese
 Tatziki dip

Can serve with either:

- Wholegrain cereal.
- low in sugar
- Vegetable sticks
 Rice and carn cakes
- Wholegrain wheat crackers

MEAT OR MEAT 4

- Tinned tung or salmon in
- springwater
 Lean roast or grilled meats
 (e.g. beef, chicken, kangaroo)
 Falafel balls
- Lean meat or chicken patties
 Tinned tuna or salmon

- Inned tund at samen patties
 Lentil patties
 Lean deli meats (e.g. ham, silvenside, chicken)
 Bolled eggs
 Balked beans (canned)
- Tofu cubes
- Hammus dip
 - Lean meat ar chicken kebab sticks
 Peanut butter*

- Can serve with:

 Whategrain sandwich, roll, pilta ar wrap bread with salad

 Rice and com cakes

 Whategrain wheat crackers
 Side salad

- Skinless chicken drumsticks
 Savoury multins ar scones
- (e.g.lean ham, cheese and shallats)

 Homemade pizzas with lean roast or deli meats and vegetables

- Side salad
 Steamed ar roasted
- vegetables

GRAIN AND CEREAL FOOD 5

- MAINS
- RollsToasted sandwiches
- Tip: Use breads such as inp: use preads such as wholemed, multigrain, rye, sourdough, pita, flat, corn, maunifain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and facilities.
- English muffins.
- Rice, quinoa or cous cous dishes
 Nocalle dishes
 Sushi

SAVORY BAKED ITEMS

- Hamemade pizzas Wholemeal savoury mulfins ar scanes (e.g. ham, cheese and cam mulfins)
- Vegetable based muffins Pasta or noodle bake

SWEET BAKED ITEMS

- Fruit loaf
 Whalemeal fruit based muffins NACKS
 High fibre, low sugar cereal (e.g. muesli)
 English muffins
- CrackersCrispreads
- Rice cakes
- Wholemeal scanes
 Pikelets
 Crumpets
 Hat crass buns (no icing)

WATER

6

Take a water battle (for refiling throughout the da

foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess ene intake and tooth decay



regarding the use of nuts and

ition about healthy eating and for many tasty recipes, visit the the Healthy Eating Advisory Service: http://heas.health.vic.gov.gu/



We are thrilled to be introducing Our Patch to St Peter Apostle Primary School. Our Patch is a fresh provider in the education and care space, sprouting from a dream to create entirely unique spaces that gives children voice and offers them a safe place of wonder in which to GROW.

The St Peter Apostle Primary School Patch will provide children with endless opportunities to build confidence and resilience through activities like Outdoor Sports, Arts & Craft, Music and Cooking. Delicious and nutritious breakfast and afternoon tea is included and will ensure children are satisfied and excited to see what is on the menu for the next session.















Location:

St Peter Apostle Primary School 16-38 Guinane Ave, Hoppers Crossing VIC 3029

Contact:

1300 018 310 or info@ourpatch.education

Hours of Operations Before School Care - 7:00am to 8:45am After School Care - 3:15pm to 6:30pm Pupil Free Days - 7:00am to 6:30pm

	Program Fees Care S	without Child ubsidy	Program Fees with maximum* Child Care Subsidy		
	Permanent	Casual	Permanent	Casual	
Before School Care	\$22.00	\$24.50	\$4.02	\$6.52	
After School Care	\$24.00	\$26.50	\$3.48	\$3.84	
Pupil Free Day	\$78.00	\$80.50	\$11.31	\$11.67	

^{*}Maximum Child Care Subsidy of 90%. To check your eligibility please check your MyGov account or visit Centrelink's Payment and Service Finder.

Bookings made within 48 hours incur an additional fee. Cancellations within 24-48 hours incur a 25% charge of the session fee.



To register and book visit:

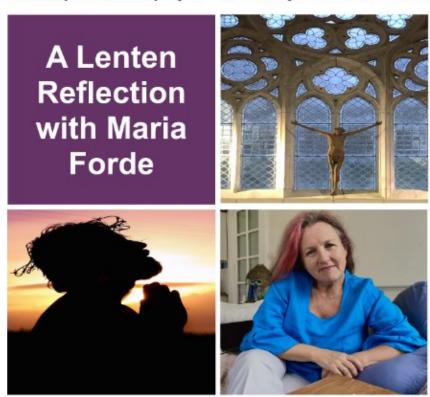
https://ourpatch.education/before-and-after-school-care/



PARISH LENT REFLECTION WITH MARIA FORDE THURSDAY 29TH FEBRUARY 7:00PM AT ST PETER'S PARISH, HOPPERS CROSSING

Maria Forde is an educator, spiritual director, accomplished singer, songwriter, and liturgist. Please join us as Maria Forde leads us on a Lenten reflection. Using scripture, ritual, music and conversation we will explore the meaning of Lent and ways in which we can meaningfully enter into this time more fully. We will discuss the meaning of prayer, almsgiving and fasting and its role during Lent. All are welcome.

Thursday, 29 February 7 pm - St Peter Apostle Mission Parish



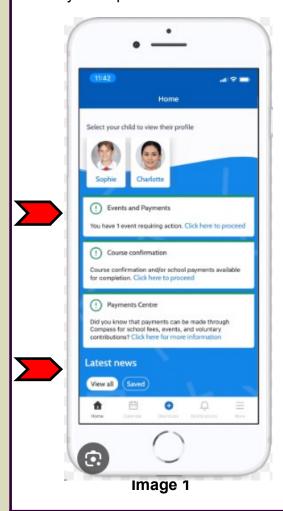
"To be free we must be able to give up what is old and so answer God's will today and tomorrow". Ernst Käsemann

Join Maria Forde as she leads us on a Lenten reflection. Using scripture, ritual, music and conversation we will explore the meaning of Lent and ways in which we can meaningfully enter into this time more fully. We will discuss the meaning of prayer, almsgiving and fasting and its role during Lent. Maria Forde is an educator, spiritual director, accomplished singer songwriter and liturgist.



HAVE YOU DOWNLOADED OUR SCHOOL APP-COMPASS

- You can download the Compass App on iOS and Android devices, simply search for Compass School Manager in the store.
- Contact the school office for your unique user name and password. Each parent will have their own log in.
- Once you are signed in, you will have access to view all upcoming events for your child.
 Permission slips will need to be consented or declined from this page.
- Events If there is an Event for your child, on the home screen the Events and Payments box will show "you have an event requiring action" (as shown in image 1). Click on the box, the Events screen will open as per image 2. Click on the Event and fill in all required details to accept or decline the event. All fields must be filled in for the submit button to be activated.
- <u>Latest News</u> Notes that don't require consent will be shared via the News feed. Scroll
 through to view the latest posts from our school. E.g. wear house colour t-shirt day.
- If you require assistance contact the school office.



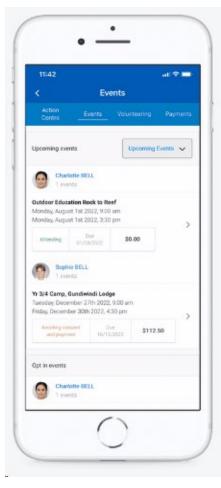


Image 2

CSEF

CAMPS, SPORTS & EXCURSIONS FUND (CSEF) School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.



Camps, Sports and Excursions Fund APPLICATION Form

The annual CSEF amount per student is:

\$125 for primary school students.

HOW TO APPLY:

New applicants should contact the school office to obtain a CSEF application form or download a copy by <u>clicking here.</u>

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

- ⇒ You only need to complete an application form if any of the following changes have occurred: new student enrolments; your child has started or changed schools this year.
- ⇒ changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

SCHOOL FEES - 2024

2024	Fees		Levies					
School Fee	Recurrent	Capital	Curriculum	Swimming	Camp	Excursion	Sacrament	ICT
Family Fee	\$1,900.00							
Prep			\$320.00			\$80.00		
Year 1			\$320.00			\$80.00		
Year 2			\$320.00			\$80.00		
Year 3			\$350.00			\$80.00		\$212.00
Year 4			\$350.00			\$80.00		\$212.00
Year 5			\$350.00		\$250.00	\$80.00		
Year 6			\$350.00		\$300.00	\$80.00		

The ICT levy will continue in 2024 for our students in Grade 3 and Grade 4, as higher grades will still be part of the previous BYOD Program.

In 2025 the levy will be extended to Grades 3, Grades 4 and Grades 5.

If your family is eligible for the Reduced Fees Policy and you have been approved through the formal approval process, then the ICT levy will be included in the discount fees offered.

The benefits of this new program are as follows:

- Every Grade 3 child will have a device to use at school
- The device will be owned by the student
- The device does not need to be fully paid for at the start of Grade 3

2024 FEE FORMS

2024 Fee Payment Consent Form click Here

2024 Credit Card Direct Debit Payment Form click here

<u>Please note:</u> A new Credit Card debit payment form needs to be filled **every year** for monthly/ fortnightly payments.

School is better when your child is here

Going to school every day is the most important part of your child's education. There are no safe number of days for missing school – each day a student misses puts them behind and can affect their educational outcomes and their social connectedness. The best thing you can do is support your child to get to school every day.

A positive attitude towards school, healthy habits and routines, and parental involvement can support your child's regular school attendance and prevent chronic absence patterns.



Adapted from material © State of New South Wales (Department of Education), 2023

Establish positive habits to promote attendance

- Set good bedtime and morning routines to make the process of getting to school smoother for everyone. Try to prepare as much as possible the night before, e.g. school uniform, school bag packed.
- Ensure your child gets enough sleep and exercise to support their physical and mental health.
- Talk positively about the importance of school attendance with your child. Explain that it is an important part of growing up, a legal obligation and that you expect them to attend every day.
- Show an interest in your child's school and become involved where possible. Keep notes, newsletters, etc. in a place where they are visible reminders of school news for the whole family. Talk about school activities in a positive manner.
- Discuss any changes to usual routines in advance with your child, such as alternative drop-off and pick-up arrangements, to ensure clarity and minimise anxiety.

Changes in your child's attitude towards school

We all have those days when it is just too hard to get up and feel motivated to go to work or school, but if this occurs regularly, it may be a sign that your child needs support. Early intervention is vital to address physical, emotional or social reasons for school avoidance before it progresses to chronic absence problems and on to school refusal.

Signs of school avoidance to look out for

- feeling sick before school, e.g. waking up with a headache, stomach-ache or sore throat
- tearfulness, clinginess and dawdling before school struggling to get out of bed, leave the house or get out of the car
- complaints about attending school and reluctance to talk about school
- · missing classes and being late for class.

What is happening at school?

Early signs of school avoidance may be identified at school through observations and insights by your child's teachers. Work in partnership with the school to support your child's attendance and wellbeing.

Further Resources

Anxiety about going to school - Victorian Government

Attendance and missing school – Victorian Government

How can I get my teenager to school? – Victorian Government

Early Signs of School Avoidance/Refusal – Travancore School

Tips for Promoting School Attendance - Travancore School Understanding School
Avoidance and School
Refusal - Travancore School
School refusal: children and
teenagers - Raising Children
Network

Understanding school
refusal - Headspace
School refusal - Be You
Everything you need to
know about school refusal ReachOut

3. What can you do when you see the signs?

- Work with your child to understand what is happening and so that they feel supported and empowered. Listen with compassion but be consistent in expectations.
- · Speak with your child's teacher(s) about your concerns.
- Consider taking your child to the GP to rule out or address any physical or emotional health problems.
- Request and attend school meetings with your child and their teacher to develop strategies to support increased attendance.



Community



Please come along and meet other families from Myanmar and find out about our school

9.00am- 10.00 am stay afterwards if you need any help with forms.

Toddlers and babies most welcome

Catholic Secondary School Enrolments

Enrolments to Catholic Secondary Schools 2025

If you intend to send your child to a Catholic Secondary School and have not already enrolled them, Enrolments have now closed. We strongly encourage you to contact the secondary school as soon as possible.

Year 5 Students in 2024 - Starting Year 7 in 2026

If you intend to send your child to a Catholic Secondary School applications for students Year 7 in 2026 will open on **Monday 29th January 2024** and applications will close on **Friday 16th August 2024**.



PARENT RESOURCES

Click on any image below for more information.



MOBILE PHONES



<u>CANTEEN /</u> LUNCH ORDERS





TERM DATES



AUTHORITY TO ADMINISTER MEDICA-











LOST PROPERTY



OUTSIDE SCHOOL
HOURS CARE (OSHC)

